

## Oral Sedation Information and Consent Form

Taking Halcion one hour prior to your dental appointment is an excellent way to minimize or eliminate anxiety that may be associated with going to the dentist. Even though it is safe, effective, and wears off rapidly after the dental visit, you should be aware of some important precautions and considerations.

1. The onset of Halcion is 15-30 minutes. Do not drive after you have taken the medication. The peak effect occurs between 1-2 hours. After that, it starts wearing off and most people feel back to normal after 6-8 hours. For safety reasons and because people react differently, you should not drive or operate machinery the remainder of the day. Wait until tomorrow.
2. This medication should not be used if:
  - a. Hypersensitive to benzodiazepines (Valium, Ativan, Versa etc.)
  - b. You are pregnant or breast feeding
  - c. You have liver or kidney disease
  - d. You are taking the medicines nefazodone antidepressant (Serzone); cimetidine (Tagamet, Tagamet HB, Novocimetine, or Peptol); or levodopa (Dopar or Larodopa) for Parkinson's disease.The following substances may prolong the effects of the Halcion: Benedryl; Pheoergan; Calan (verapamil); Cardizem (diltiazem); erythromycin; HIV drugs indinavir and nelfinovir; and alcohol. There may be unusual and dangerous reactions if you are currently taking illegal drugs.
3. Side effects may include: light-headedness, headache, dizziness, visual disturbances, amnesia, and nausea. In some people, oral Halcion may not work as desired.
4. Smokers will probably notice a decrease in the medications ability to achieve desired results.
5. You should not eat heavily prior to your appointment. You may take the medication with a small amount of food such as juice, toast, etc. Taking it with too much food can make absorption into your system unpredictable.
6. Nitrous oxide (laughing gas) may be used in conjunction with the Halcion and local anesthetic.
7. On the way home from the dentist, your seat in the car should be in a reclined position. When at home, lie down with the head slightly elevated. Someone should stay with you for the next several hours because of possible disorientation and possible injury from falling.

I understand these considerations and am willing to abide by the conditions stated above. I have had an opportunity to ask questions and have had them answered to my satisfaction.

Patients Name \_\_\_\_\_ Signature of Patient \_\_\_\_\_

Date \_\_\_\_\_